



Keeping Patients on Track with Health Tracker

Oral adherence and symptom management are critical for cancer patients. Treatments are often complex and can be accompanied by negative side effects. Health Tracker is a mobile application that can help patients stay on track with their oral therapy and provides a direct connection to their care team. Your team can act proactively if intervention is needed due to a patient's symptoms.

Extending patient care beyond the clinic

Health Tracker sends simple text message check-ins to patients, enabling you to remotely monitor and manage their care.

WHAT MAKES HEALTH TRACKER DIFFERENT?

- » Developed with leading cancer centers
- » Tested and approved by actual cancer patients
- » Patient-reported outcomes are actionable in real time
- » Seamless integration into care management workflows

What are the benefits of Health Tracker?



Reduce unnecessary hospitalizations

Proactively manage patients to get ahead of symptoms and adherence issues



Manage your high risk patients efficiently

Provide added support to patients who need it – deliver targeted, coordinated patient care



Achieve better treatment outcomes

Set check-ins matched to the patient's treatment regimen to keep them on therapy



Improve the patient experience

Offer an easy way for patients to stay in contact via a simple, mobile solution

Feature Overview | Health Tracker

Health Tracker 78% Adherence 90% Participation

⊗ End Schedule Edit Schedule

Reminder Schedule

ACTIVE Oral Adherence
Next check-in Mon 12/24/2018, 9:00am

Side Effects
Next check-in Fri 12/28/2018, 9:00am

Send Link ⊕ Pause Reminders

Schedule Details
Treatment start 12/12/2018
21-days, continuous, cycle 1

Oral Adherence

S	M	T	W	T	F	S
Dec 9	Dec 10	Dec 11	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21				

Side Effects

S	M	T	W	T	F	S
Dec 9	Dec 10	Dec 11	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21				

Customized Cycle Schedules

Monitor oral adherence and new or worsening symptoms customized to the patient

Flexible Scheduling Options

Set individual check-ins to help patients undergoing either oral or IV treatments

Elevated Alerts

Flag high risk patients by placing them in an elevated status to trigger more sensitive alerts



Use Health Tracker to improve your patients' lives

A recent study found that giving patients a web-based tool to report their symptoms and side effects not only gave patients a better quality of life and resulted in fewer trips to the emergency department, but it also helped patients live longer.¹

Reference: 1. Basch E, Deal AM, Kris MG, et al. Symptom monitoring with patient-reported outcomes during routine cancer treatment: a randomized controlled trial. *J Clin Oncol.* 2016;34(6):557-565.

Learn how **Health Tracker** can help: inquiries@navigatingcancer.com

